



Your safety is of the utmost importance, so we want to notify you of the following information and class expectations in advance.

By registering for a National Safety Council course, you are confirming that on the day of your in-person class you will not attend if you are not feeling well or are experiencing any of the following symptoms of COVID-19:

- Cough
- Shortness of breath or difficulty breathing
- Fever of 100.4 or higher or chills
- Muscle pain
- Sore throat
- New loss of taste or smell

Also, do not attend the training if:

- You feel sick
- You have been ill in the last 14 days
- You have traveled out of state, including on a cruise ship, in the last 14 days for business or personal reasons
- You are currently observing a quarantine due to potential exposure to COVID-19
- You have a current positive test for COVID-19

If any of these items apply to you, National Safety Council asks you to contact us to reschedule your class at no charge. We understand it is very important for you to complete this class in a timely manner and will work with you to avoid further delays, where possible.

Your safety as well as the safety of everyone taking this course is our greatest concern. Please follow these guidelines so we can all stay safe:

- Face coverings are required for the duration of the class. Please bring a face covering/mask in accordance to Center for Disease Control (CDC) guidance. Approved and properly fitted face covering guidelines include:
 - **Approved:** Masks that have two or more layers of washable, breathable fabric, completely cover your nose and mouth, fit snugly against the sides of your face and don't have gaps, have a nose wire to prevent air from leaking out of the top of the mask, and have not been worn more than two times.
 - **Not approved:** Masks that are not approved include those with exhalation valves or vents, single layer or masks made of thin fabric that don't block light, neck gaiters, masks with gaps around the sides of the face or nose, or masks that are wet or dirty.
 - If you do not have a mask or face covering that is aligned with the approved face covering definition, a face covering will be provided.

- Instructors have the discretion to ask you to replace your mask or face covering with a National Safety Council provided one when necessary.
- The use of hand sanitizer will be required each time you enter the classroom and encouraged throughout the day.
- All classrooms and equipment will be thoroughly disinfected before your arrival, but disinfecting wipes will be available and their use encouraged throughout the day.
- No drinks or meals will be provided. You are allowed to bring in your own food/drink, but please do not share it with others. We suggest dining inside your vehicle or outdoors if possible. You may also eat/drink at your classroom seat. You can take off your mask only while eating or drinking but we ask that you immediately put it back on when done. Lastly, please use disinfecting wipes before and after eating to clean surfaces used.
- Please refrain from sharing any materials, including pens – you may bring your own pen or one will be provided.
- Remember to always maintain a physical distance of at least six feet with others and wear proper personal protective equipment (face coverings/gloves) if you are taking public transportation to and from the training course.