



# NSC First Aid CPR & AED Online



Take a demo at: [nsc.org/FAonline](http://nsc.org/FAonline)

OSHA's interpretation of acceptable online training\*

**Q:** Does OSHA consider computer-based training without a hands-on skill component or verification of competent skill performance acceptable for meeting basic first aid and CPR requirements of OSHA First Aid Standards?

**A:** Online training alone would not meet the requirements of these training standards. These standards require training in physical skills, such as bandaging or CPR. The only way these skills can be learned is by physically practicing them.

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(800) 621-7619  
[nsc.org](http://nsc.org)

## Do your employees have the skills needed to respond?

The **NSC First Aid, CPR & AED Online** course has been designed using extensive research and educational testing to improve skill mastery and retention. The course covers all the elements of the classroom course in an affordable, convenient format that can be taken anywhere, anytime.

### Course includes these features, proven to enhance retention:

- Animation
- Video
- Interactive user exercises
- Real-world simulations

To receive an OSHA-compliant NSC Course Completion Card, students must successfully complete skills testing performed by an authorized NSC Skill Tester.†

### Who must be trained?

All employees in all industries fall into one of three categories of training needed as defined by the **OSHA Workplace First Aid Standard:**

1. In the most dangerous jobs where medical emergencies require immediate emergency response, a trained first aid responder must be present
2. In jobs where accidents resulting in suffocation, severe bleeding, or other life threatening injury or illness can reasonably be expected, a trained first aid responder must be present **if professional response time exceeds 3-4 minutes**
3. For jobs where a life-threatening injury is an unlikely outcome, a trained first aid responder must be present **if professional response time exceeds 15-minutes**

As an employer, you have no way of knowing what type of injuries may occur.



### NSC BEST PRACTICE!

NSC recommends a 3-4 minute response time for all emergencies.

\* OSHA interpretation letter, August, 2012

† Additional fee may be required for the 90-minute skills testing session. (test time is approximate)